



## Monday LCSW Trauma-informed Group Clinical Supervision **Case Presentation Format**

Case Presentations challenge us to be intentional and self-aware in seeking support from colleagues, and to listen to, make sense of, and incorporate their feedback and guidance into our clinical work with a client.

Method: Using the following format, you will describe your intervention with a current client, preferably one in which you feel a need for feedback, guidance, or collegial support. Nothing written is required, but keep these key areas in mind.

Include key assessment information about the client's background, their concerns and strengths, and relevant contextual information. Discuss client goals and your joint plan for achieving them. Also include:

- ✓ A description of the setting (agency and role, client, background, client's concerns, strengths, goals, etc.)
- ✓ What is your intention in presenting their case to your colleagues?
- ✓ What working theory (if any) guides your work with this client? How does it help you understand the client's change process?
- ✓ What is the goal of your work with them?
- ✓ What is going well in the direct practice relationship? Where do you need feedback?
- ✓ Considering your use of self, what strengths and challenges emerge in work with this particular client?

Once you have presented, there will be a guided period of silence, a time for colleagues to respond (when you will listen attentively), and then a chance for you to offer more information or to ask questions.